



JUNE 2024
Newsletter



CGC PLANT SALE
At the Argo Mill in Idaho Springs
Friday and Saturday
June 7-8, 2024
10 a.m. to 4 p.m. or until we are sold out on Saturday

Thursday, June 6th, 4-6 p.m.

CGC Members and invited guests only!

Bring a family member or a guest to our Member's Only Party!
Get first pick of the plants while enjoying an adult beverage and munchies. Current "2024" dues-paid members only!!

Please RSVP to Linda Yowell at 303-898-8017
by Tuesday, June 4th if you plan to attend.

Plan on getting beautiful hanging baskets, color bowls, annuals, tomatoes, peppers, perennials and more! Cash, checks or Visa/MC accepted. All proceeds go toward CGC community outreach and projects.

Columbine Garden
Club/Social Ethics Plant
Giveaway and Bake Sale
Saturday, May 11 at Project
Support Senior Center.
Each club netted \$398.00.
Thanks to everyone for the
plants, baked goods, help,
and FUN!!



Irene, Linda and Kathy worked the tables

CGC Elects New Officers

President: Kris Miller
Vice President: Irene Kincade
Treasurer: Anne English
Secretary: Linda Yowell

Please mail your dues - \$12 for a
single and \$20 per couple
Columbine Garden Club
P.O. Box 1030
Idaho Springs, CO. 80452

May 9 Meeting Recap

- Amber Friedrich from Sundance Gardens gave a fantastic presentation on high altitude shrubs and trees. The plant list she provided is available on the CGC [website](#). Sundance has relocated to the corner of Highway 74 and Meadow Drive, just a block southeast of their old location, near ECHO Resale. Please stop by and see what they have!
- A field trip to Iris-4-U is being planned for early June, to see a spectacular display of iris. This southwest Denver garden is privately owned and sells plants when it is time to harvest in Late July. If you are interested in going, please email ahtomlinson@me.com to indicate your interest and whether or not you could go on a weekday morning instead of a weekend to avoid traffic.
- The Ann Hector/Kris Miller Garden rehab project in Ruth Mill/Bill Macy Park is complete. The park is located at 5th and Colorado Boulevard (IS) if you would like to see the results of much hard work. The garden was largely funded by a grant from the CO Garden Foundation.
- If you have signed up to volunteer at the June Plant Sale, Thank You! Please come on time and plan to stay for your full shift. If you're not sure what shift you signed up for, please contact Linda Yowell at 303-898-8017. Volunteers will water plants, assist shoppers and work the check-out table.

Attract More Backyard Birds by Growing Sunflowers

Excerpted from an article written by Lori Vanover



Sunflowers are truly one of the easiest plants to grow, but they do have a few requirements. They need at least six hours of sunlight per day and well-drained soil. They benefit from organic matter. Keep the area around sunflowers mulched for better results.

- Scientific name: *Helianthus annuus*
- Annual in Zone 4
- Attracts: Birds, bees, butterflies
- Full sun
- Varieties can grow up to 10 feet tall and come in many colors
- Days to maturity can be around 70
- You can find many sunflower options on the market today, but not all of them are suitable food sources for birds. If you're planning on growing sunflowers, make sure they produce a good supply of seeds. Super Snack Mix, Royal Hybrid, and Mammoth Russian (10" tall!) all produce seeds in abundance.
- In late summer, gather your sunflower heads and put them in a dry place to dehydrate. You can then hang them out by your feeders. This will create a supply of high-fat seeds for birds (and other wildlife.)
- There are varieties that remain small – Incredible Dwarf grows about 3' tall with 9" blooms. No staking needed and great for pots. Check out parkseed.com to explore all the great varieties of sunflower seeds to grow into beautiful garden assets.
- Once you have put the dried heads out for the wildlife, seeds may germinate in unexpected places the following year. If you see something like the photo below, don't pull it. It's not a weed!

